



WESTERN CANADA SPRING/SUMMER MENU 2016

WEEK 1

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		May-2, May-23, Jun-13, Jul-4, Jul-25, Aug-15, Sep-5, Sep-26	May-3, May-24, Jun-14, Jul-5, Jul-26, Aug-16, Sep-6, Sep-27	May-4, May-25, Jun-15, Jul-6, Jul-27, Aug-17, Sep-7, Sep-28	May-5, May-26, Jun-16, Jul-7, Jul-28, Aug-18, Sep-8, Sep-29	May-6, May-27, Jun-17, Jul-8, Jul-29, Aug-19, Sep-9, Sep-30	May-7, May-28, Jun-18, Jul-9, Jul-30, Aug-20, Sep-10, Oct-1	May-8, May-29, Jun-19, Jul-10, Jul-31, Aug-21, Sep-11, Oct-2
BREAKFAST	RELAXED BREAKFAST	Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/Bacon Fruit/Yogurt	Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal or Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/Sausage Fruit/Yogurt
	LUNCH	Potato Dill Soup Beef Sliders on a Mini Bun Tossed Salad Cubed Watermelon	Beef Noodle Soup Western Omelet Hash Browns Sliced Tomatoes Baked Cinnamon Apples	Cream of Leek Soup Corned Beef on Rye Potato Salad Berry Mix/Whipped Topping	Spring Borscht Perogies with Sour Cream & Fried Onions Garlic Coil Sausage Fruit Cocktail	Chicken Rice Soup Wieners and Beans Corn Muffin Marinated Vegetable Salad Diced Peaches	Hearty Beef Soup Belgium Waffles Rhubarb Strawberry Compote/ Whipped Topping Mandarin Oranges	Cream of Tomato Cod Nuggets with Tartar Sauce French Fries Creamy Coleslaw Apricot Whip
	OR	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
PM	Angel Cookies Beverage as Requested	Blueberry Streusel Beverage as Requested	Baked Assortment Beverage as Requested	Double Chocolate Chip Cookies Beverage as Requested	Banana Loaf Beverage as Requested	Turnover Cookies Beverage as Requested	Baked Assortment Beverage as Requested	
DINNER	Veal Parmesan Rice Pilaf Broccoli Florets Brownie	Hot Pork Sandwich Mixed Vegetables Lemon Buttermilk Cake	Barbequed Chicken Oven Browned Potatoes Julienne Carrots Chocolate Tart	Meat Lasagna Garlic Bread Italian Mixed Vegetables RainbowJell-o/Whipped Topping	Honey Mustard Fish Parsley Potatoes Green Peas Coconut Cream Pie	Turkey Stroganoff Buttered Broad Noodles Pick Of The Day Vegetable Blend Mini Ice Cream Sandwich	Pork Loin Roast Garlic Mashed Potatoes California Mixed Vegetables Peach Pie	
	OR	Pork Ribette	Fish	Sliced Ham	Turkey Schnitzel	Tortierre Meat Pie	Braised Liver & Onions	Oven Baked Meatloaf
	HS	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested

(250 ML OF MILK AT BREAKFAST = 125ML IN CEREAL AND 125ML TO DRINK) (PEANUT BUTTER 30mL OFFERED WITH BREAKFAST DAILY) (SIDE SALAD 125mL WITH DRESSING IS OFFERED AT DINNER)

1 SLICE BREAD (4 CRACKERS) AND MARGARINE SERVED WITH LUNCH AND DINNER

(AT LUNCH ALT. MEAL SERVED WITH FIRST CHOICE VEG) UNLESS NOTED

MILK (3.5 CUPS / 875 ML) PLUS TEA OR COFFEE SERVED AT BREAKFAST, LUNCH, DINNER AND SNACKS

(AT DINNER ALT. MEAL SERVED WITH FIRST CHOICE STARCH AND VEG) UNLESS NOTED



SILVER GROUP PURCHASING